

## Aging and Disability Resource Connection (ADRC)

ADRC is a free service that offers anyone a single source for information and assistance on issues affecting older adults, people with disabilities, and their caregivers, regardless of income.

**ADRC can connect you to services such as:**

- Long-term care options
- Heating assistance
- Food and meals
- In-home support
- Transportation options

**For help and to apply for services  
Call: 541-682-3353**

**Toll Free:  
855-ORE-ADRC (855-673-2372)  
[www.adrcforegon.org](http://www.adrcforegon.org)**



## Contact Us

### Eugene Office

1015 Willamette Street  
Eugene, OR 97401  
Ph: 541-682-4038

### Cottage Grove Office

700 Gibbs Avenue  
Cottage Grove, OR 97424  
Ph: 541-649-5101

### Florence Office

3180 Highway 101  
Florence, OR 97439  
Ph: 541-902-9430

### Limited Service Centers

*Call ahead for an appointment.*

Junction City 541-998-8445  
Oakridge 541-782-4726  
Veneta 541-935-2262

[www.lcog.org/sdslane](http://www.lcog.org/sdslane)

Email: [sds@lcog.org](mailto:sds@lcog.org)

Toll Free: 1-800-441-4038

**Adult Protective Services  
541-682-4140**



## Our Mission

To advocate for seniors and persons with disabilities and provide to them quality services and information that promote dignity, independence and choice.



Lane County residents age 60 and older and adults with physical disabilities can contact our Lane County Aging & Disability Resource Connection (ADRC) for:

- **Medicaid - Long-Term Care Programs**

For individuals who meet specific criteria, Medicaid programs provide medical help and assistance with long-term care costs such as facility placement or help in the home.

\*Income and / or resource restrictions may apply.

- **Medical & Medicare Savings Programs**

You may be eligible for medical assistance and / or help paying your Medicare Part B Premiums.

\*Income and / or resource restrictions may apply.

- **Oregon Project Independence (OPI)**

Supplemental in-home services to adults who need a little help to continue living independently in their own home.

- **Supplemental Nutrition Assistance Program (SNAP, formerly Food Stamps)**

\*Income and / or resource restrictions may apply

## Older Americans Act Programs:

- Senior Meals, both Meals on Wheels and Cafe 60 Dining Rooms
- Family Caregiver Support Services, including respite
- Living Well and Walk with Ease Health Promotion Series
- Long-Term Care Options Counseling at your home
- Relatives as Parents Program (RAPP)

*\*For people age 60 and older*

## Additional Services Available Through OAA Area Coordinators:

- Certification for rural energy assistance through LIHEAP
- Money Management, including Bill Payers and Representative Payees
- Rural Medical Escort Transportation

## Did you know we also:

- Respond to abuse and neglect allegations through the Adult Protective Services unit, and
- License and monitor Lane County Adult Foster Homes serving Aging & People with Disabilities (APD)

For information call: 541-682-3353

## Volunteer Opportunities

Senior & Disability Services volunteers provide an invaluable service to our programs. Opportunities include:

- Meals on Wheels Drivers
- Cafe 60 Dining Room Assistants
- Rural Medical Escort Drivers
- Money Management Providers
- Living Well Workshop Leaders



To volunteer, contact  
**Outreach & Volunteer Coordinator**  
**541-682-1366**

## Donations Welcome

Please consider making a tax-deductible contribution to help Meals on Wheels, Cafe 60 Dining Rooms, and Senior Connections Programs.

Make a donation online at  
[www.laneseniormeals.org](http://www.laneseniormeals.org)