

Senior & Disability Services | July 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Chicken Penne Pasta Beef & Black Bean Chili San Francisco Vegetable Blend Green Pea Salad French Roll Watermelon	4 Closed for Holiday	5 Independence Day Special BBQ DC Chicken Sandwich Kielbasa Sausage w/Sauerkraut Potato Salad (cold) Baked Beans Hot Dog Bun Ice cream	6 Chicken Salad Half Sandwich Egg Salad Half Sandwich Cream of Cauliflower Soup Marinated Zucchini Salad Wheat Bread Spiced Apples	7 Cowboy Campfire Stew Turkey Tetrazzini Sliced Carrots Garden Vegetable Salad Rye Bran Roll Lemon Blondie
10 Cheese Lasagna Roll Up Chicken Rice Bake Spinach Creamy Coleslaw Rye Bran Roll Orange Delight	11 HS Turkey Patty w/Gravy BBQ Smokehouse Chop Colcannon Potatoes Marinated Veggie Salad Oat Bran Wheat Roll Oreo Fluff	12 Garden Chicken Mini Salad Turkey Bacon Club Mini Salad over Spinach Romaine Veggie Split Pea Soup White Dinner Roll Mandarin Oranges	13 Dijon Mustard Chicken Liver & Onions w/Gravy Delmonico Potatoes Broccoli Cracked Wheat Bread Chocolate Chip Bar	14 Swedish Meatballs w/Sauce Roast Pork w/Gravy Whipped Potatoes Scandinavian Vegetable Blend Sunflower Seed Bread Hermit Bar
17 Sloppy Joe Herbed Chicken Patty Ranch Beans Creamy Cucumber Salad Hamburger Bun Snickerdoodle Bar	18 Around the World Chicken Spanish Rice Pork Carnitas w/Cilantro Lime Sauce Black Beans Whole Kernel Corn Flour Tortilla Cinnamon Chocolate Pudding	19 Beef Mushroom Patty w/Gravy Southwest Omelet Bake Parslied Potatoes California Blend Seven Grain Bread Key Lime Bar	20 Beef Taco Salad Turkey Pasta Salad Over Spinach Romaine Corn Chowder Wheat Roll Tropical Fruit	21 Closed
24 Beef Frito Pie Chicken Mushroom Pasta Bake Winter Vegetable Blend Copper Penny Salad Wheat Roll Lemon Bar	25 Turkey Salad Cran Walnut Half Sandwich Tuna Salad Half Sandwich Tomato & Rice Soup Pickled Beets Wheat Bread Applesauce	26 Country Meatballs w/Gravy Roast Pork w/Apple Chutney Sauce Garlic Whipped Potatoes Italian Vegetable Blend Seven Grain Bread Chocolate Oatmeal Bar	27 Beef Rigatoni Bake Stuffed Peppers w/Turkey Green Peas w/Onion Apple Cran Coleslaw White Dinner Roll Lime Whip	28 Spinach Strata Beef Cabbage Bake Glazed Carrots Marinated Corn Salad Squash Roll Fresh Orange
31 Teriyaki Meatballs w/Sauce Chicken w/Peanut Sauce Brown Rice Mandarin Slaw Kyoto Vegetable Blend Grace's Chocolate Bar	Suggested Donation: \$3.00 per Meal (Dining Room) \$3.00 per Meal (MOW) 1% Milk Served w/All Meals	ALLERGEN DISCLAIMER: This kitchen uses the following products in meal preparation: tree nuts, sesame, peanuts, soy, eggs, milk, fish, shellfish, wheat, and other products containing gluten. We cannot guarantee that menu items are free of allergens because we use shared equipment and handle common allergens throughout the supply chain.		