



# Senior & Disability Services | August 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<p><b>Suggested Donation:</b>  <b>\$3.00 per Meal (Dining Room)</b>  <b>\$3.00 per Meal (MOW)</b>  <b>Milk or Beverage Served with Meals.</b></p>		<p><b>ALLERGEN DISCLAIMER:</b>            This kitchen uses the following products in meal preparation: tree nuts, sesame, peanuts, soy, eggs, milk, fish, shellfish, wheat, and other products containing gluten. We cannot guarantee that menu items are free of allergens because we use shared equipment and handle common allergens throughout the supply chain.</p>		1		<p><b>Chicken Fajita Bowl</b>  <b>Western Beef Goulash</b>            Green Beans w/Red Peppers            Marinated Zucchini Salad            Honey Whole Wheat Roll            Seasonal Fresh Fruit</p>		2	
5		6		7		8		9	
<p><b>Cowboy Campfire Stew</b>  <b>Pasta Primavera</b>            Sliced Carrots            Garden Vegetable Salad            Rye Bran Roll            Seasonal Fresh Fruit</p>		<p><b>Chicken Penne Pasta</b>  <b>Beef &amp; Black Bean Chili</b>            Broccoli &amp; Carrots            Bayou Coleslaw            Cornbread            Fresh Orange</p>		<p>Cheese Lasagna Roll Up w/Alfredo Sauce  <b>Chicken Rice Bake</b>            Spinach            Apple Cranberry Coleslaw            French Roll            Seasonal Fresh Fruit</p>		<p>Homestyle Turkey Patty w/Gravy  <b>Beef Swiss Steak w/Sauce</b>            Sour Cream &amp; Chive Potatoes            Italian Vegetable Blend            Squash Bread            Fresh Banana</p>		<p><b>Dog Days of Summer</b>  <b>Beef Hot Dog w/Sauerkraut</b>  <b>Hamburger w/Campfire Sauce</b>            Ranch Beans            Cucumber Red Onion Salad            Hamburger or Hot Dog Bun            Melon Cup</p>	
12		13		14		15		16	
<p><b>Sloppy Joe</b>  <b>Breaded Fish w/Tartar Sauce PC</b>            Chuckwagon Corn            Coleslaw            Whole Wheat Hamburger Bun            Hot Spiced Peaches</p>		<p><b>Chili Macaroni</b>  <b>Southwest Omelet Bake</b>            Mixed Vegetable Blend  <i>New!</i> Black Bean &amp; Corn Salad            Onion Roll            Seasonal Fresh Fruit</p>		<p><b>Herbed Chicken Patty w/Gravy</b>  <b>BBQ Smokehouse Chop</b>            Colcannon Potatoes            Peas &amp; Carrots            Seven Grain Bread            Fresh Fruit Bowl</p>		<p><i>New!</i> <b>Around the World</b>  <b>Korean Beef &amp; Turkey Bibimbap Bowl</b>  <b>Vegetarian Romanoff</b>            Spinach  <i>New!</i> Red Cabbage Salad            Wheatberry Sprouted Bread            Mandarin Oranges</p>		<p><b>Closed</b></p>	
19		20		21		22		23	
<p><b>Spaghetti &amp; Meat Sauce</b>            Sweet &amp; Sour Chicken w/Br. Rice            Broccoli            Tossed Salad            Garlic Roll            Seasonal Fresh Fruit</p>		<p><b>Creole Chicken</b>  <b>Roast Pork w/Apple Chutney</b>            Whipped Sweet Potatoes            Broccoli &amp; Cauliflower            Sunflower Bread            Cinnamon Applesauce</p>		<p><b>Egg Salad Half Sandwich</b>  <b>Chicken Salad Half Sandwich</b>            Split Pea Soup/Crackers (1 pkt)  <i>New!</i> Garbanzo Bean Salad            Wheatberry Sprouted Bread            Fresh Strawberries</p>		<p><b>Beef Sukiyaki w/Brown Rice</b>  <b>Vegetable Spinach Lasagna</b>            Peas &amp; Carrots            Beet &amp; Mandarin Orange Salad            French Roll            Seasonal Fresh Fruit</p>		<p>Creamed Chicken and Vegetables            Beef Country Fried Steak w/Gravy            Garlic Whipped Potatoes            Green Beans            Rye Bran Bread            Fresh Banana</p>	
26		27		28		29		30	
<p>Beef Patty w/Peppers &amp; Onion Gravy            Turkey Apple Meatballs w/Glaze            Whipped Potatoes            Brussels Sprouts            Wheatberry Sprouted Bread            Seasonal Fresh Fruit</p>		<p><b>Brunch for Lunch</b>  <b>Spinach Strata</b>  <b>Pork Sausage Gravy</b>            Oven Roasted Potatoes            Tropical Fruit            Biscuit            Fresh Banana</p>		<p><i>New!</i> <b>Around the World</b>  <b>Carne Asada (Beef)</b>  <b>Cheese &amp; Green Chili Bake</b>            Whole Kernel Corn            Cilantro Coleslaw            Flour Tortilla  <i>New!</i> Cinnamon Cake</p>		<p><i>New!</i> <b>Chicken Greek Pasta Salad</b>  <b>Turkey Cranberry Walnut Salad</b>            over Spinach Romaine            Lentil Soup/Crackers (1 pkt)            Rye Bran Roll            Pineapple Tidbits</p>		<p><b>Labor Day Special</b>  <b>Cheeseburger</b>  <b>BBQ Pulled Pork Sandwich</b>            Baked Beans            Coleslaw            Hamburger Bun            Grace's Chocolate Bar</p>	