



# Senior & Disability Services | September 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Closed for Holiday	<b>3</b> Three Cheese Lasagna Western Pork Stew Mixed Vegetable Blend Kidney Bean Salad Seven Grain Roll Seasonal Fresh Fruit	<b>4</b> <i>New!</i> Chicken Chile Relleno Bake Ground Beef Stew Southwest Corn Mandarin Carrot Slaw Squash Roll Seasonal Fresh Fruit	<b>5</b> Macaroni & Cheese White Bean Chicken Chili Cabbage and Carrots Romaine Iceberg Salad Multigrain Roll Seasonal Fresh Fruit	<b>6</b> Chicken Pomodoro Hearty Turkey Stew Green Peas with Onions Creamy Cucumber Salad Dill Roll Seasonal Fresh Fruit
<b>9</b> Grandparent's Day Special Roasted Turkey w/Gravy Liver & Onions with Gravy Whipped Potatoes Mixed Vegetable Blend Garlic Bread Applesauce Gingerbread	<b>10</b> Cheese Lasagna Roll Up w/Alfredo Sauce Chicken Rice Bake Spinach Apple Cranberry Coleslaw French Roll Seasonal Fresh Fruit	<b>11</b> Chicken Penne Pasta Beef & Black Bean Chili Broccoli & Carrots Bayou Coleslaw Cornbread <i>Confetti Cake-Birthday</i>	<b>12</b> <i>New!</i> BBQ Chicken Salad Santa Fe Turkey Mini Salad over Spinach Romaine Corn Chowder/Crackers (1 pkt) Wheat Roll Tropical Fruit	<b>13</b> Cowboy Campfire Stew Pasta Primavera Sliced Carrots Garden Vegetable Salad Rye Bran Roll Seasonal Fresh Fruit
<b>16</b> Around the World <i>New!</i> Korean Beef & Turkey Bibimbap Bowl Vegetarian Romanoff Spinach <i>New!</i> Red Cabbage Salad Wheatberry Sprouted Bread Mandarin Oranges	<b>17</b> Sloppy Joe Breaded Fish w/Tartar Sauce PC Chuckwagon Corn Coleslaw Whole Wheat Hamburger Bun Hot Spiced Peaches	<b>18</b> Chili Macaroni Southwest Omelet Bake Mixed Vegetable Blend <i>New!</i> Black Bean & Corn Salad Onion Roll Seasonal Fresh Fruit	<b>19</b> Herbed Chicken Patty w/Gravy BBQ Smokehouse Chop Colcannon Potatoes Peas & Carrots Seven Grain Bread Fresh Fruit Bowl	<b>20</b> Closed
<b>23</b> Creamed Chicken and Vegetables Beef Country Fried Steak w/Country Gravy Garlic Whipped Potatoes Green Beans Rye Bran Bread Fresh Banana	<b>24</b> Spaghetti & Meat Sauce Sweet & Sour Chicken w/Brown Rice Broccoli Tossed Salad Garlic Roll Seasonal Fresh Fruit	<b>25</b> Creole Chicken Roast Pork w/Apple Chutney Whipped Sweet Potatoes Broccoli & Cauliflower Sunflower Bread Cinnamon Applesauce	<b>26</b> Oktoberfest Special German Meatballs w/Sauce Bratwurst Sausage w/Sauerkraut German Potato Salad Peas & Carrots Rye Bran Roll German Chocolate Cake	<b>27</b> Beef Sukiyaki w/Brown Rice Vegetable Spinach Lasagna Peas & Carrots Beet & Mandarin Orange Salad French Roll Seasonal Fresh Fruit
<b>30</b> Beef Taco <i>New!</i> Chicken Taco Mixed Beans Pineapple Coleslaw Flour Tortilla Seasonal Fresh Fruit	Suggested Donation: \$3.00 per Meal (Dining Room) \$3.00 per Meal (MOW) Milk or Beverage Served with Meals.	<b>ALLERGEN DISCLAIMER:</b> This kitchen uses the following products in meal preparation: tree nuts, sesame, peanuts, soy, eggs, milk, fish, shellfish, wheat, and other products containing gluten. We cannot guarantee that menu items are free of allergens because we use shared equipment and handle common allergens throughout the supply chain.		